



**Tour of
Cambridgeshire
2018**

**Chrono
Rider Book**

Version 2



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Section 1 – Welcome and Introduction

Golazo Cycling Ltd (GCL) welcome you to the Tour of Cambridgeshire (ToC). You are about to take part in the one of the events which is re-defining the mass participation cycle sport scene in the UK and is regarded by the UCI as amongst the best mass participation cycle events in the world and we really hope you enjoy the experience. We have gone to great lengths to create an event experience which gives the masses and many of our competitive elite level riders a real taste of what the best organised events around the world are like for amateurs and professionals alike. Our vision is to create a pro experience for everyday amateur and Master cyclists.

ToC is not just about the riders at the front of the age classifications; it is about providing exactly the same professional experience for the masses, including people who love their cycling but do not have the taste, or the appetite, for the cut and thrust of a race. The Tour of Cambridgeshire is for you too. The opportunity to experience the spectacle on fully supported closed roads is a rare treat in the UK.

The ToC Festival also offers a non-competitive Mellow Vélo Ride with two distances on offer, as well as the Tour Classic for pre-1987 bikes, Team Chrono and also the Family Fondo.

We hope to host the UCI Gran Fondo World Championships (UGFWC) within this decade thereby facilitating the opportunity for everyday riders in the most vibrant cycling nation on earth the opportunity to compete for a rainbow jersey on home soil. GCL holds the UCI license as the exclusive qualifier event for the UGFWC.

We do hope you all enjoy a safe positive experience riding the Tour of Cambridgeshire and that you tell your friends about it.

Finally, we would like to offer thanks to all of those organisations who have partnered with us to create something unique on the British landscape and who have backed us to deliver the Tour of Cambridgeshire. We do hope we do them all proud.

Cambridgeshire County Council

Cambridgeshire County Council is proud of its involvement in the Tour de France and the continued efforts at building a legacy to promote cycling, tourism, health and well-being. The County can now say that legacy has been secured.

We see the Tour of Cambridgeshire as a unique opportunity to have the area recognised nationally and internationally. It provides a platform for the local authorities, residents and businesses to celebrate and endorse all that is good within the County.

The fact that an event of this magnitude is being driven wholly by local residents shows the ambition and determination of the people of Cambridgeshire and the County Council is honoured to facilitate it.

Peterborough City Council

Peterborough is proud to be a key part of the Tour of Cambridgeshire. Our city has more than 150 miles of cycle routes connecting the whole of Peterborough and that means there is nowhere you can't get to on a bike!

The closed road Gran Fondo event had never before been seen in the UK and it's a great honour for the city to host the start and finish. We hope that serious and leisure cyclists come together to take part in this wonderful finale to the weekend.

For those spending some time in Peterborough you will find a heritage city, an environment city, an event city and a modern exciting cosmopolitan city. Our magnificent Norman cathedral is a sight to behold with its majestic architecture. Open spaces are plentiful. Peterborough boasts Green Flag award winning parks, nature reserves and our country park, Ferry Meadows, where you can relax and take a walk around the lakes and woodland.

Peterborough's historic city centre is a vibrant regional shopping destination and Queensgate Shopping Centre sits in the heart of the city where it complements independent stores and a thriving market. For food and drink there is a diverse selection of restaurants serving cuisine for every palate, alongside some fantastic bars and pubs, open well into the evening.

Section 2 - ToC Schedule

Date	Event	Time	Location
Friday 1st June	ToC Opens	16.00hrs	Event HQ
	Registration	16.00 – 20.00hrs	Registration Area
	Cambridgeshire Bike Show	16.00 – 20.00hrs	Arena
	Camping Arrivals	12.00hrs	Camping
	ToC Closes	20.00hrs	Event HQ
Saturday 2nd June	ToC Opens	08.00hrs	Event HQ
	Registration	08.00 - 19.00hrs	Registration
	Cambridgeshire Bike Show	08.00 – 19.00hrs	Arena
	Club Kermesse Open	09.00 – 17.00	Club Kermesse
	Camping Arrivals	09.00hrs	Camping
	Chrono Warm Up Area	09.00 – 17.30hrs	Arena
	Chrono Start	10.00hrs	Arena
	Family Fondo Start	10.30hrs	Family Fondo Route
	Team Chrono Start	15.30hrs	Arena
	Podium Ceremonies	18.30hrs	Arena
	ToC Closes	19.30hrs	Event HQ
Sunday 3rd June	ToC Open	07.00hrs	Event HQ
	Cambridgeshire Bike Show	07.00 – 19.00hrs	Arena
	Camping Arrivals	07.00hrs	Camping
	Club Kermesse Open	09.00 – 12.00hrs	Club Kermesse
	RACE Start	12.00hrs	Start Area
	SPORTIVE Start	12.30hrs approx.	Start Area
	TOUR CLASSIC Start	13.00hrs approx.	Start Area
	MELLOW VELO Start	13.05hrs approx.	Start Area
	Podium Ceremonies	17.30hrs	Arena
	ToC Closes	20.30hrs	Event HQ

Section 3 – Arrival and Parking

We would like to offer you a warm and heartfelt welcome to the Tour of Cambridgeshire. To ensure your experience is at the highest level possible from start to finish, you MUST avoid a rush and last minute arrivals. Late arrivals can cause major issues and spoil the whole experience we have created. We encourage all riders to arrive earlier, soak up the atmosphere, grab a bite to eat and have a wander through the first ever Cambridgeshire Bike Show.

There is Official Event Parking available at the Event HQ. Tiered parking charges will be in place according to the day and time of arrival at the Event HQ. All parking charges can be found at www.tourofcambridgeshire.com. There is no overnight parking within the Official Event Parking areas.

When you have parked your vehicle, you will find directional signage to the Event HQ.

Section 4 – Registration

The purpose of Registration is to collect your Rider Pack. Please bring a printed copy of your Entry Confirmation with you, along with a piece of photo identity and your rider number.

Rider numbers will be published on the website - www.tourofcambridgeshire.com – two weeks prior to the event. You will find these under the Rider Info section. Make a note of your number before you arrive to speed up your registration process. If you do forget your Rider number, then the Event Solutions team can help but please be patient – we will help you as soon as possible.

Riders in the Chrono do not require a Race License.

Section 5 – Event Solutions

We have made every effort to produce a technically excellent event with the Tour of Cambridgeshire. We are very open to any feedback that you may have, to allow us to resolve any issues that may arise during your experience and to ensure we improve our events year on year.

Come and see one of the team at the Event Solutions Desk, which is located within the Registration area.

Section 6 – Rider Briefing

Medical

There will be Medical cover available on the route and at the Event HQ.

All riders MUST complete the Medical Data Sheet on the back of the rider number, even if you are unaware of any medical conditions you may have. As well as this, please register any medical information on the ToC Medical Register, which can be found at www.tourofcambridgeshire.com.

If you require medical treatment at any point throughout the event, make yourself known to a Marshall, Steward or any of the convoy team out on the road where possible. If you're unable to do this, call the Medical contact number, which can be found on the reverse of your rider number.

Technical & Mechanical Support

Team cars or any other non-official vehicles are prohibited from being on the closed roads.

There will be no technical or mechanical support on the Chrono route. We recommend that all riders ride fully equipped where possible.

Whilst support is not available on the routes, if riders are unable to resolve their technical issues, riders will be repatriated back to the Event HQ.

Event Status

The ToC Chrono is a UCI Gran Fondo World Series qualifier event. The fastest 25% of each Masters age classification who start, will qualify and shall be invited by the UCI to compete in the UCI Gran Fondo World Championships. Those riders who qualify at the Tour of Cambridgeshire will receive a UGFWS medal, as well as a ToC medal.

Minimum Age

Rider participation age in the Tour of Cambridgeshire is age as per 31st December in the year of the event. The Minimum age of a Rider within the Chrono is 11 years, as per below:

- 19 years and over – they are classified within the UCI Masters Age classifications, within the **19-34** age group, and can qualify for the UCI GF World Championships.
- 16 years and over – they are classified in the **Under 19** age classification. There will be no prize giving or podium ceremony for this age classification and entrants are unable to qualify for the UCI GF World Championships. In the Under 19 classification a Parental Consent Form is not required.
- 11 years and over – they are classified as a **Minor**. A signed Parental Consent Form is required to take part in the event. There will be no prize giving or podium ceremony for this age classification and entrants are unable to qualify for the UCI GF World Championships.

Number and Timing Chip Position

Each Rider Pack will contain a jersey number, pins, helmet number sticker, bike and bag number stickers and briefing document, stating where you need to place each item.

All riders require a timing chip, which will be contained within the helmet number sticker.

The timing chips are disposable and it is not necessary to return them to the organisers.

Positioning of the jersey number, helmet number and bike number will be explained within the Rider Pack. Incorrect placement or failure to attach the timing chip will compromise the finish results, as well as you not receiving a finish time.

Loss of Timing Chip

If you lose your timing chip before the start of the CHRONO, then a replacement will be available at the Event Solutions desk for a fee of £20. If the timing chip is lost during your ride, your time will not be recorded and you will appear in the results as a Did Not Finish (DNF). The consequence of a DNF is that you will not be entitled to a finisher's medal and you will not receive a finish time within the results.

Warm Up Area

The Chrono Warm Up area is located next to the Start Ramp. Riders will be checked in and mounted onto turbo trainers by mechanics. Access to the Warm Up Area is permitted up to 20 minutes before a rider's start time.

A bag drop will be available for riders and will be operated for a nominal fee.

UCI Time Trial Bike Specification

The UCI has a specification for Time Trial bikes; this specification can be found on the UCI website; visit www.uci.ch.

The Tour of Cambridgeshire shall not be testing against the UCI specification at the event. Riders may use any TT or standard road bike but it is the rider's responsibility to ensure their bike is road worthy. Golazo Cycling Ltd take no responsibility or liability for an un-roadworthy bike.

Start Times

Official Start times will be published on-line on the Tour of Cambridgeshire website at least two weeks prior to the Event.

On the Start Ramp, Riders shall be automatically timed down with a clock whereby a buzzer / coloured lighting shall confirm the start; the race time commences on the green light.

Riders will be released from the start ramp at 20 second intervals. Riders MUST report to the Start in sufficient time before their start time. If you fail to report to the Start Ramp in time, you will be disqualified and unable to ride at a later time – unfortunately, there will be no exceptions to this due to the road closure timings.

Start Ramp

Riders are responsible for getting themselves up onto the start ramp platform in time. There will be a minimum of two Chrono helpers on the start ramp to assist riders to get ready for their start.

Route Hazards

There are very few hazards on the Chrono Route.

The key hazards are:

- Possibility of slipping on the start ramp, particularly if the weather is wet and tyres have not dried off in the Chrono Holding area.
- Oncoming traffic on Bullock Road, Elton Road and within the Event HQ. Always stay on the left hand side of the road, except if overtaking, look up and watch where you are going at all times.

Safety

- It is obligatory that riders wear a regulation safety helmet for the CHRONO. Riders compete at their own risk and have signed a disclaimer to that effect.
- Competitors should note that on some sections of the Chrono route there will be riders on both sides of the road. Be careful when overtaking, watch for oncoming riders on the opposite side of the road.
- Police motorbikes will be riding the route from time to time to support road security. Please maintain personal awareness and do not impede them or try to follow them.
- Always stay to the left hand side of the road unless overtaking, do not ride in a group or take advantage by sitting close behind another rider. Always look up and be aware of your surroundings, especially if you change the line that you are riding as you may be about to be overtaken!
- Beware of any public vehicles (cars, lorries, motorbikes or farm vehicles) under NEG escort, which are on the route.
- Be aware that a determined breach of the road closure order by a member of the public is a possible hazard which, despite the best efforts of the organisers, is impossible to prevent. Any driver responsible for such a breach will face criminal prosecution. Please be attentive and if necessary take evasive action.
- The use and attachment of any sort of filming equipment (ie. GoPro) to helmet, body or bike is strictly prohibited and competitors will be stopped from starting unless items are removed.

- Please ride with your head up and look at the road ahead at all times.

Drafting

Riders spotted drafting by the Commissaires, stationary on the course or on Motos will be disqualified. The UCI Rules of drafting will be applied. You must ride this as a single rider with no pace taken from sitting behind other riders.

Finish

After crossing the Chrono finish line, you will be directed back to the Event HQ area.

Photography

All photography is provided by a highly regarded team from Sportograf, Germany. They will have photographers located around the route. They will also have a fleet of motorcycle mounted photographers to ride within the events and capture images of riders in the event. Be aware of the photographers and film crew and do not impede the motorcycles.

Section 8 – Results, Podium and Medals

UCI Masters Age Group Classification

The UCI Masters Age Group Classifications are:

- 19-34yrs Male and Female
- 35-39yrs Male and Female
- 40-44yrs Male and Female
- 45-49yrs Male and Female
- 50-54yrs Male and Female
- 55-59yrs Male and Female
- 60-65yrs Male and Female
- 65-69yrs Male and Female
- 70+yrs Male and Female

There are no prizes, awards or ceremonies for **Under 19** and **Minor** age classifications.

The allocation to an age group is made upon the age of the rider at 31st December in the year of the Event.

Results

Individual times will be published via the Event App and on the website within 8 hours of an individual finishing. Availability of all results will be announced by the commentator and available within the Results Area.

Timing and Results Queries with the timing and results are to be addressed to the Race Director or a Commissaire at Event Solutions.

The top three finishing in each age classification will be announced via the Results Area and asked to be part of the Podium Ceremony and accept their medal.

Podium Attendance, Location and Timing

Podium timings can be found in the ToC Schedule.

Riders in the first three places of each Masters age / gender classification of a qualifying event are to present themselves to the Podium Area a minimum of 15 minutes prior to the podium start time, where they will be briefed by the Podium Team and await their ceremony.

IMPORTANT PODIUM NOTICE – In the event of failure to attend a designated podium session, the Organisers are authorised by the UCI, at the sole discretion of the Organisers, to apply a maximum fine of 20,000 CHF to the individual concerned.

Personal Presentation

Riders invited to receive an award on the podium **MUST** be dressed in **CYCLING ATTIRE**, including jersey and shorts.

The ToC podium is highly produced to professional standards; please present yourself on time to the required location, with personal presentation consistent with professional standards.

Be aware, we will ask you to change or not partake in your ceremony if you're not appropriately dressed.

Note – daywear, including jeans, is not acceptable for attire for the Podium Ceremonies. Please ensure you're wearing cycling attire (tracksuits are acceptable).

Prizes

- Jersey for each Masters age group winner
- UGFWS Medals presented on the podium for first three in each Masters age /gender group

The top 25% of starters to finish in each Masters age / gender classification receive a UGFWS Medal. You will be able to claim your medal from the UCI Medal Distribution Desk in the Results Area.

There may be a significant wait before medals can be collected due to the need to wait for all riders to finish.

Un-collected medals can be claimed with an SAE post event. Send a stamped addressed envelope (large letter stamp required) to Golazo Cycling Ltd, PO Box 1352, Peterborough PE2 2QP.

Section 9 – Critical House Keeping

Golazo Cycling Ltd applies a strong environmental policy to our events; we strive to leave all local communities as we found them and litter free. If we don't respect this position we will not be welcomed back in future years.

PLEASE BE CONSIDERATE when using the event facilities, specifically in relation to:

1. Waste / litter **MUST BE** placed in the waste bins made available at the Event HQ. Packaging from any products **MUST** be disposed of in the appropriate receptacles. Failure to do so will drive up entry costs for subsequent years.

2. Damage to the grounds either within the buildings or in the car park area.

- Organisers reserve the right to apply a fine for causing damage above and beyond reasonable wear and tear. The particular concern here is in the event of wet ground and the need to use some of the grass parking areas. In the event that wet grounds cause vehicles to become stuck, please inform the car-park operators who will organise removal, limiting damage to the grounds.

Section 10 – Rider Insurance

ToC does not provide any rider insurance. It is recommended by the organisers that riders in ToC take out accident and third-party liability insurance to protect themselves and equipment.

ONEPRO Insurance are Partners of the ToC. They provide, what we believe, to be the best insurance cover on the market.

ONEPRO Insurance have put together an insurance package that covers you for the Tour of Cambridgeshire Festival, which includes personal accident, public liability, your kit, bikes, accessories and parts, plus much more. They also offer a competitive price for your annual insurance renewal.

Visit the Shop at www.tourofcambridgeshire.com for more information and to take out your Event Insurance.

Section 11 - UCI Technical Regulations

The Tour of Cambridgeshire Chrono is being run under the UCI Technical Regulations. The UCI Technical Regulations are available in their entirety at: <http://www.uci.ch/inside-uci/rules-and-regulations/regulations/>

Disclaimer

The information contained herein is presented in good faith at the time of writing but in the normal course of events the Rider Book is subject to change from time to time. The version of the Rider Book posted on the event website is deemed to be the final version under which the event is run.